LUNCH MENU



LIGHT BITES AND SNACKS

SEAFOOD CHOWDER Creamy fresh mixed seafood chowder served with bread. Contains: 1(Wheat), 2,4,6,7,9,13	
CAULIFLOWER BITES	13.00
Breaded cauliflower wings, served with a choice of Hot sa	auce or
BBQ. Contains: 1(Wheat, Barley), 4, 6, 7.	

SOUP OF THE DAY......6.75

Served with brown bread and butter. Contains:1(wheat),6,7,9.

MAINS

SANDWICHES

sweet chili mayo. Contains: 1(Wheat),3,7

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BUFFALO CHICKEN BURGER
FALAFEL BURGER
FISH AND CHIPS
CHICKEN STACK

Add Cheese, Bacon, Fried Egg, Blue Cheese or Chorizo to any Burger for only €1.∞each

mashed potato, crispy onions in our homemade gravy. Contains:

1(Wheat, Barley), 3, 4, 10, 12.

Add Soup, Salad or Fries to any sandwich for €3.00



SIDES

HALLOUMI FRIES......8.25 Deep fried halloumi sticks served with garlic mayo. Contains: 1 (Wheat),3,7. SWEET POTATO FRIES6.50 Served with sweet chili mayo. Contains: 1(Wheat),3. TWICE COOKED FRIES6.00 Served with sweet chili mayo. Contains: 1 (Wheat),3. LOAD EM UP Bacon & Cheese Fries: + €1.50 1(Wheat)7,9,10,12 Jalapeno & Cheese Fries: + €1.25 1(Wheat)7,9,10,12 Garlic & Parmesan Fries: + €1.25 1(Wheat),3,7 Mixed leaves, tomato, carrot, cucumber. Contains: 10,12. RUBY SLAW......4.00 Our homemade coleslaw. Contains: 1(Barley),3 ONION RINGS......5.00 With BBO or hot sauce. Contains: 1(Wheat, Barley),4,6,12

SALADS

KALE SALAD......11.00

Kale, baby gem, butternut squash, cauliflower, chickpeas, black beans, quinoa, chipotle paste in our house French dressing Contains:1(Wheat, Barley),3,4,7,10,12

HUMMUS ENERGY SALAD.....12.00

Mixed leaves, tomato, cucumber, red onion, carrots, mixed seeds, hummus, house dressing. Contains: 10,12

Add Chicken €2



CHOCOLATE BROWNIE......8.00

Warm homemade brownie served with ice cream.

Contains: 1(Wheat),3,5,6,7,8.

MICIL CHEESECAKE......8.00

Fresh cheesecake made with coffee and Micil cream liqueur.

Contains: 1(Wheat),3,7

PAIR YOUR MEAL UP WITH OUR GBB BEERS













ALLERGENS

Ι.	Gluten	
2		

- 2. Crustaceans
- 3. **Eggs**
- 5. Peanuts 6. Sovbeans
- 4. Fish
- 7. Milk 8. Nuts 9. Celery
- 10. Mustard
 - 11. Sesame Seeds
 - 12. Sulphur Dioxide
- 13. Molluscs
- 14. Lupin