

LUNCH MENU



FROM 12PM-3PM

SOUP OF THE DAY.....6.75

Chef's soup of the day, sourdough toast, Irish butter. 1(wheat),7.

SEAFOOD CHOWDER.....13.00

Fresh and smoked fish, creamy seafood velouté, sourdough toast, Irish butter. 1(Wheat),3,7,12.

MAC AND CHEESE.....9.50

Elbow Macaroni, House Cheese Sauce. 1 (Wheat),3,7.

Add bacon or chorizo- 2.00 each.

HAM AND CHEESE TOASTIE.....10.00

Home baked Ham, melting cheddar cheese, red onion jam, sourdough bread. 1(Wheat),4,7,12.

AVOCADO TOAST10.00

Toasted sourdough bread, fresh avocado, chopped cherry tomatoes, balsamic glaze, poached egg. 1(Wheat),12.

Add Smoked Salmon, Home Baked Ham or Chorizo- 2.00 each.

BUTTERMILK CHICKEN WRAP.....10.00

Buttermilk marinated fried chicken fillet, baby gem lettuce, beef tomato, red onion, and chili mayo. 1(Wheat),3, 6,7,12.

PASTRAMI SANDWICH12.50

Hot pastrami, Dijon mustard, pickles, baby gem lettuce, sourdough bread. 1(Wheat), 3, 10, 12.

STEAK SANDWICH17.00

Grilled Irish striploin steak, rocket, cheddar cheese, crispy onions, honey mustard mayo. Served with fries. 1(Wheat),3,6,7,10,

BAR RUA BURGER.....17.50

100% 100% Irish beef patty, cheddar cheese, crispy bacon, baby gem lettuce, pickles, beef tomato, relish, mayo, brioche bun. 1(Wheat),3,7,12.

ELVIS BURGER.....21.00

Double 100% Irish beef patties, crispy bacon, red cheddar, onion jam, baby gem, beef tomato, mayo, brioche bun. 1 (Wheat, Barley), 3,7,12.

BUFFALO CHICKEN BURGER.....18.00

Breaded chicken breast, baby gem lettuce, beef tomato, Cashel blue cheese, hot sauce, mayo, brioche bun. 1(Wheat),3,7,12.

VEGETARIAN BURGER.....17.50

House Veggie Burger Patty, Baby Gem Lettuce, Beef Tomato, Pickles, Relish, Brioche Bun. 1(Wheat),3,7,11,12.

BEEF AND STOUT STEW.....18.00

Slow cooked 100% Irish beef, rich GBB Ostara Stout sauce, root vegetables, creamy mash potato. 1(Wheat, Barley),6,7,9,10.

FISH AND CHIPS18.50

Fresh Haddock, Full Sail IPA batter, tartare sauce, minty pea purée, twice cooked chips. 1(Wheat),3,4,7,10,12.

BANGERS AND MASH.....16.00

Irish black pudding and thyme sausages, creamy mash potato, gravy, crispy onions. 1(Wheat),6,7,9,12.

BUTTERMILK FRIED CHICKEN.....15.00

Buttermilk marinated fried chicken, chili mayo. 1(Wheat),2,3,4,12,13.

CHICKEN WINGS.....15.00

Marinated chicken wings, celery, blue cheese mayo, your choice of GBB Hot sauce or GBB BBQ sauce.

Hot Wings - 1(wheat),3,7,9. BBQ Wings - 1(wheat),3,7,9,10

VEGAN CAULIFLOWER BITES.....13.00

Breaded cauliflower florets, your Choice of GBB Hot sauce or GBB BBQ SAUCE. 1(Wheat, Barley),7,9.

CLASSIC CAESAR SALAD.....13.00

Crunchy baby gem lettuce, parmesan, Caesar dressing, house croutons. 1(Wheat), 3, 4, 7, 10, 12.

Add Grilled Chicken, or Crispy Bacon- 2.00 each.

RUA SUMMER SALAD.....16.00

Rocket and spinach salad roasted red bell pepper, beetroot, walnuts, pomegranate, black olives, balsamic vinaigrette. 8(walnuts),10,12.

Add Smoked Salmon, Feta Cheese or Poached Egg- 2.00 each.

SIDES

HALLOUMI FRIES8.00

Deep fried halloumi sticks served with garlic mayo. 3,7.

GARLIC PARMESAN FRIES6.50

Garlic oil, parmesan, fresh herbs. 7,12.

SWEET POTATO FRIES.....6.00

Served with sweet chili mayo. 3,12.

TWICE COOKED FRIES.....5.50

Served with sweet chili mayo. 3,12.

ONION RINGS5.00

Garlic mayo. 1(Wheat),3.

SWEETS

CHOCOLATE FONDANT.....7.50

Served with vanilla ice cream. 1(Wheat),3,6,7.

CRÈME BRÛLÉE7.50

Served with vanilla ice cream. 3,7,12.

ICE CREAM SELECTION.....7.50

Served with vanilla ice cream. 3,7,12.

DIETARY ADVICE

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| 1. Gluten | 4. Fish | 7. Milk | 10. Mustard | 13. Molluscs |
| 2. Crustaceans | 5. Peanuts | 8. Nuts | 11. Sesame Seeds | 14. Lupin |
| 3. Eggs | 6. Soybeans | 9. Celery | 12. Sulphur Dioxide | |