

## SOUP

### DAILY SOUP POT 6<sup>25</sup>

Served with toasted sourdough bread.  
Ask your server for what's available today.

1 (wheat), 3, 6, 11

### SEAFOOD CHOWDER 9<sup>50</sup>

Creamy fish velouté, chunky fish, lemon & toasted sourdough bread.

1 (wheat) 2, 3, 4, 6, 11, 12 (sulphate)

## SAMBOS

• ALL SANDWICHES SERVED WITH CRISPS •  
SERVED ONLY MON - FRI 12 -4

### GRILLED CHICKEN CLUB 9<sup>50</sup>

Cajun marinated chicken fillet, crispy bacon, fried egg, mayo, lettuce & tomato.

1 (wheat), 3, 6, 7, 11

### GRILLED VEGGIE FLAT BREAD 8<sup>50</sup>

Mixed grilled Mediterranean vegetable, North African flat bread, pesto, hummus & rocket.

1 (wheat), 3, 5, 6, 7, 8 (hazelnut, cashew, almond, walnut), 11

ADD A  
MINI-SOUP or FRIES  
FOR ONLY 2<sup>25</sup>!

### CHEESY TUNA MELT 9<sup>25</sup>

Tuna and sweetcorn filling, scallions & Dubliner cheddar cheese.

1 (wheat), 3, 4, 6, 7, 10, 11

### BUTTERMILK CHICKEN WRAP 9<sup>00</sup>

Cajun marinated chicken fillet, baby gem & beef tomato.

1 (wheat), 3, 6, 7

### HAM & CHEESE TOASTIE 8<sup>00</sup>

Dubliner cheddar, cooked sliced ham, scallions & mayo.

1 (wheat), 3, 6, 7, 11

## SALAD BOWLS

### FETA & AVOCADO BOWL 13<sup>00</sup>

Crispy baby gem, roasted peppers, olives, feta cheese, beans, croutons, sourdough & French dressing.

1 (wheat), 5, 10, 12

### THE ITALIAN 13<sup>00</sup>

Rocket, spicy chickpeas, baby mozzarella, toasted sunflower seeds, pesto dressing & peppers.

5, 6, 8 (hazelnut, cashew, almond, walnut)

### PROTEIN BOWL 15<sup>00</sup>

Spicy Chickpeas, avocado, chicken breast, semi dried tomatoes, roasted peppers & mixed nuts.

5, 7, 8 (hazelnut, cashew, almond, Brazil)

## BURGERS

• ALL SERVED WITH TWICE COOKED CHIPS •

### CLASSIC 14<sup>50</sup>

100% Irish beef patty, brioche bun, pickles, baby gem, mayo & beef tomato.

1 (wheat), 3, 7, 12

### ELVIS 17<sup>50</sup>

Double 100% Irish beef patties, crispy bacon, Dubliner red cheddar, onion jam, fried egg, baby gem, mayo, beef tomato & brioche bun.

1 (wheat), 3, 7, 12

### SMOKY BLUE 15<sup>00</sup>

100% Irish beef patty, crispy bacon, Cashel blue cheese, baby gem, mayo, beef tomato & brioche bun.

1 (wheat), 3, 7, 12

### JUICY BBQ BURGER 15<sup>00</sup>

100% Irish beef patty, battered onion rings, bbq sauce, rocket salad, beef tomato & brioche bun.

1 (wheat), 3, 7, 10, 12

### MEXICAN 15<sup>00</sup>

100% Irish beef patty, chilli con carne, baby gem, sour cream, jalapenos, cheese sauce, tortilla chips & brioche bun.

1 (wheat), 3, 7, 12

SWAP  
REGULAR FRIES  
FOR ANY  
LOADED FRIES  
2<sup>50</sup>!

### BUFFALO CHICKEN 15<sup>00</sup>

Manhattan style crumbed chicken, ruby slaw, GBB Hot Sauce, baby gem, beef tomato, blue cheese mayo & brioche bun.

1 (wheat), 3, 7, 9, 10, 12

### BBQ CHICKEN 15<sup>00</sup>

Manhattan style crumbed chicken, cheddar cheese, GBB Ostara BBQ sauce, pickles, baby gem, crispy onion & brioche bun.

1 (wheat), 3, 7, 9, 10, 12

### SWEET POTATO & CORN BURGER 14<sup>50</sup>

Sweet potato & corn patty, roasted pepper relish, baby gem, crispy onions & brioche bun.

1 (wheat), 3, 5, 7, 10, 12



#### DIETARY ADVICE

1 Gluten	5 Peanuts	9 Celery	12 Sulphur dioxide & sulphites
2 Crustaceans	6 Soybeans	10 Mustard	13 Molluscs
3 Eggs	7 Milk	11 Sesame Seeds	14 Lupin
4 Fish	8 Nuts		

## MAIN EVENT

### BIG MUSSELS 10<sup>00</sup> SMALL 18<sup>00</sup> LARGE

White wine and garlic cream steamed mussels, lemon & toasted sourdough bread.

1 (wheat), 2, 4, 7, 12, 13

### LOADED NACHOS 12<sup>00</sup>

Salted tortilla chips, creamy cheese sauce, scallions, diced peppers, jalapenos, chunky tomato salsa, guacamole & sour cream. ADD CHILLI BEEF 3<sup>00</sup>

7

### BUTTERMILK FRIED CHICKEN 10<sup>50</sup> SMALL 19<sup>50</sup> LARGE

Southern fried coated chicken & chilli mayo.

1 (wheat), 3, 7, 9, 10

### MEAT FREE CHILLI 13<sup>00</sup>

Chickpea & bean stew, salted tortilla chips, guacamole, tomato salsa, scallions, sour cream & rice.

1 (wheat), 7

### FISHERMAN'S PIE 15<sup>50</sup>

Selection of fresh & smoked fish, white wine garlic cream, fresh herbs, creamy mash & salad.

1 (wheat), 2, 4, 7, 12

### GALWAY BAY BREWERY OSTARA STOUT STEW 15<sup>00</sup>

Carefully cooked 100% Irish beef, GBB stout sauce, root vegetable & creamy mash.

1, 7, 9

### IPA BATTERED FISH N' CHIPS 16<sup>00</sup>

GBB IPA battered fish fillet, homemade tartare sauce, minty pea puree, twice cooked chips & lemon.

1 (wheat), 3, 4, 7, 10, 12

### BOLA CHILI 15<sup>00</sup>

Spicy chilli of 100% Irish prime mince beef, kidney beans, guacamole, chunky tomato salsa, sour cream, cheese sauce & rice.

1 (wheat), 7

## WINGS

10<sup>00</sup> SMALL 18<sup>00</sup> LARGE

### SPICY WINGS

GBB SLOW LIVES HOT SAUCE marinated chicken wings, crispy celery & blue cheese mayo.

1 (barley), 3, 7, 9

### HOT BEER-B-Q SAUCE

GBB OSTARA HOT BEER-B-Q SAUCE marinated chicken wings, crispy celery & blue cheese mayo.

1 (barley), 3, 7, 9

### HOT AS HELL

GBB FOAM & FURY DOUBLE IPA SAUCE (Served separately) Chicken wings, crispy celery & blue cheese mayo.

1 (barley), 3, 7, 9

### VEGETARIAN CAULIFLOWER WINGS

Breaded cauliflower, served with GBB HOT or BBQ sauce.

1 (wheat, barley)

## FRIES & SIDES

### TWICE COOKED CHIPS 4<sup>50</sup>

Served with chilli mayo.

3, 12

### SWEET POTATO FRIES 5<sup>50</sup>

Served with chilli mayo.

3

### HALLOUMI FRIES 7<sup>75</sup>

Served with garlic mayo.

3, 7

### JUICY BACON JAM FRIES 6<sup>00</sup>

Crispy bacon, juicy onion jam & fresh herbs.

12

### GARLIC PARMESAN FRIES 6<sup>00</sup>

Garlic oil, grated parmesan & fresh herbs.

7, 12

### JALAPEÑO & CHEESE

### FRIES 6<sup>00</sup>

Spicy jalapenos, cheese sauce & tortilla crumbles.

7, 12

### CHILLI FRIES 7<sup>00</sup>

Chilli con carne, scallions & fresh herbs.

12

### RUBY SLAW 3<sup>50</sup>

3

### ONION RINGS 4<sup>00</sup>

Served with Hot or BBQ sauce.

1 (wheat, barley), 10

## KIDS

### SOUP BOWL 3<sup>00</sup>

Soup of the day & toasted sourdough bread.

1 (wheat), 3, 6, 11

### CHICKEN STRIPS 3<sup>00</sup>

Breaded chicken fillet & chips.

1 (wheat), 3, 7, 12

### BEEF OR CHICKEN BURGER 4<sup>00</sup>

Beef patty or chicken fillet, brioche bun, lettuce, tomato & chips.

1 (wheat), 3, 7, 9, 10, 12

### FISH BITES 5<sup>00</sup>

Battered fish bites, house tartare, lemon & chips.

1 (wheat), 3, 4, 7, 10, 12

### BOWL FOR TOTS 2<sup>50</sup>

Mash, butter & mixed vegetables.

7, 12

### ICECREAM & CONE 2<sup>00</sup>

1 (wheat), 7

## SWEET

### CHOCOLATE BROWNIE

7<sup>50</sup>

Served with vanilla ice cream.

1 (wheat), 3, 6, 7

OR

### BAILEYS & TOBLERONE CHEESECAKE

7<sup>50</sup>

Served with vanilla ice cream.

1 (wheat), 3, 6, 7, 8 (almonds)



## DIETARY ADVICE

1 Gluten	10 Mustard
2 Crustaceans	11 Sesame
3 Eggs	Seeds
4 Fish	12 Sulphur
5 Peanuts	dioxide
6 Soybeans	& sulphites
7 Milk	13 Molluscs
8 Nuts	14 Lupin
9 Celery	

DOGGIE

TREATS

• ASK YOUR SERVER •