

LUNCH

MENU

SERVED 12-4

BURGERS

GLUTEN FREE BUN AVAILABLE ADD €1

- BEEF BURGER** 12
Beef patty served on toasted burger bun, mayo, tomato and leaves
1(wheat, barley), 3, 4, 6, 7, 10, 11, 12
- CHICKEN BURGER** 12
Grilled chicken breast, cheddar, chipotle mayo, tomato and mixed leaves, served on toasted burger bun
1(wheat), 3, 6, 7, 11
- VEGAN RED QUINOA BURGER** 11
Served on toasted burger bun, tomato relish, red onions and leaves
1(wheat), 5, 6, 8, 9, 11, 12
- ELVIS BURGER** 18
Double patty, double bacon, double cheese
1(wheat, barley), 3, 4, 6, 7, 10, 11, 12

Extra Toppings just €1.50

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|-------------|--------------|----------------------------|
| Bacon | Red Cheddar | |
| Fried Egg | Guacamole | Of Foam And Fury Bacon Jam |
| Blue Cheese | Vegan Chilli | Of Foam And Fury Hot Sauce |

MAINS

GLUTEN FREE BREAD AVAILABLE ADD €1

- FISH AND CHIPS** 13.50
Full Sail beer battered catch of the day served with chips, crushed peas and tartar sauce 1(wheat, barley), 3, 4, 7, 8, 12
- BEER BRAISED SHORT RIBS PHILLY CHEESE SANDWICH** 15
Served on sourdough baguette with grilled green bell pepper, onion and a side of chips 1(wheat), 7, 9, 10, 12
- VEGAN RED LENTIL CHILLI** 10
Served with lime and coriander rice, salsa, guacamole and tortillas V GF 9, 10, 12

SALADS

- KALE SALAD** 12
Served with red quinoa, blueberries, avocado, red onions, cherry tomatoes, almonds and mint dressing GF 5, 8, 9, 10, 12
- BROCCOLI SALAD** 10
With baby mixed leaves, frisée, red onion, cherry tomatoes, walnuts, hard boiled egg and lemon dressing GF 3, 7, 9, 12
Add chicken €2.50 / Add bacon €2.50 / Add both €3.50

SOUP, FRIES & SIDES

- SOUP** 5.50
Served with mini loaf and butter 1(wheat), 3, 5, 7, 8, 9, 11
- TWICE COOKED CHIPS** 5
Served with chilli mayo 1(wheat), 3, 6, 7, 10, 12
- SWEET POTATO FRIES** 5.50
Served with chipotle mayo 1(wheat), 3, 6, 7, 10, 12
- HALLOUMI FRIES** 5.50
Served with garlic and lemon aioli 1(wheat), 3, 9, 10, 12

SHARING BOARDS & SNACKS

- WINGS** SMALL: 8.50 KG: 16
BBQ sauce or *Of Foam And Fury* hot sauce with blue cheese dip
1(wheat, barley), 3, 6, 7, 9, 10, 12
- BUTTERMILK FRIED CHICKEN** SMALL: 8.50 LARGE: 18
Marinated for over twelve hours and served with chilli mayo
1(wheat), 1, 7, 10, 12
- CAULIFLOWER VEGAN WINGS** 8
Served with sriracha 1(wheat), 6, 11, 12
- SNACK BOARD** 18
Fried chicken, wings, short rib sliders, chips, dips
1(wheat, barley), 3, 4, 6, 7, 12
- NACHOS** 15
With cheese sauce, diced peppers, jalapeños, scallions, salsa, guacamole and sour cream
1(wheat), 7, 9, 10, 12 Add braised pulled rib €3 / Add vegan chilli €2.50

SANDWICHES

- BAKED HAM AND SMOKED APPLEWOOD** 7.50
Honey roast ham with smoked Applewood, red onion and wholegrain mustard mayo on sourdough bread
1(wheat, rye, oat, barley), 3, 6, 7, 10, 11, 12
- FRIED CHICKEN WRAP** 7.75
Buttermilk fried chicken, bacon, cheese, red onion, chipotle mayo
1(wheat), 3, 7, 12
- SPICED TUNA** 8.50
Served with tomatoes and leaves on sourdough baguette
1(wheat), 2, 3, 4, 12, 13
- VEGAN BUFFALO WRAP** 7
Served with avocado mash, sriracha, tomato and leaves
1(wheat), 9, 12
- GRILLED PIMENTO CHEESE** 7.75
Homemade pimento mix served with grilled onions and pickles on sourdough bread
1(wheat), 3, 7, 10, 12
- FRENCH ONION CHICKEN** 9
Grilled chicken breast served with sauteed onions, garlic aioli and melted cheese on sourdough baguette 1(wheat), 3, 7, 10, 12

ADD
CHIPS, SOUP
OR SALAD TO
ANY SAMBO
JUST €2.50

SWEET STUFF

- ALTHEA LEMON PIE** 5.50
Biscuit crumble, lemon curd and Althea whipped cream
1(wheat, barley), 3, 7, 12
- PEANUT AND CHOCOLATE POPCORN** 6.50
A dessert to share, served drizzled with chocolate and warm peanut butter, finished with sea salt 5, 7, 8, 11, 12

DIETARY ADVICE

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|---------------|------------|----------------------------------|-------------|
| 1 Gluten | 5 Peanuts | 9 Celery | 13 Molluscs |
| 2 Crustaceans | 6 Soybeans | 10 Mustard | 14 Lupin |
| 3 Eggs | 7 Milk | 11 Sesame seeds | |
| 4 Fish | 8 Nuts | 12 Sulphur dioxide and sulphites | |
- V Vegetarian GF Gluten free HF Healthy option GF bread is available



RAVEN'S TERRACE
GALWAY



N. KING ST.
DUBLIN



RATHGAR
DUBLIN



LOWER SALTHILL
GALWAY



HIGH ST
DUBLIN



CAPEL ST
DUBLIN



GRAND CANAL ST
DUBLIN



WICKHAM ST
LIMERICK



EARLSFORT TCE
DUBLIN



AMIENS ST
DUBLIN



WEXFORD ST
DUBLIN



ORMEAU RD
BELFAST